

Dinner Menu served
6 p.m. to 8 30p.m.
All prices in BDS\$

Service charge at your
discretion

Payment by credit card
10% added to your invoice



Lot 2B Chapel Gap #1
Paynes Bay
St. James

Barbados BB24008
West Indies

Tel. + 1 246 422 5430

Fax + 1 246 432 6754

Email: - pat@palmparadise-barbados.com

Website: - www.palmparadise-barbados.com

Starters

Soup of the Day served with bread roll 10.00

Corn-on-the-Cob 12-00

Sardines (Chilli or Plain) on a Bed of Salad 15-00

Egg Mayonnaise 15-00

Mushrooms in a white sauce, served on toast 15-00

Seafood Salad 20-00

Main Course

Vegetarian

Spaghetti with Herby Mushroom &
Tomato Sauce & vegetables 25-00

All meat dishes served with Vegetables and a choice of Rice,
Creamed Potatoes or Macaroni Pie

LAMB DISHES

Lamb Stew Bajan Lamb Stew in a rich flavored gravy 40-00

Lamb Chops Seasoned with Mint and Coated in Honey 40-00

BEEF DISHES

Lasagne with Salad or Fries 35-00

Spaghetti Bolognaise & Veg. 30-00

PORK DISHES

Pork Chop in Mushroom Sauce 35-00

Pork Steak Seasoned with Coriander & Glazed with Honey 35-00

CHICKEN DISHES

Baked or Fried Chicken	35-00
Chicken with Lemon & Tarragon	35-00
Chicken in Mushroom Sauce	35-00
Chicken Kebabs x2	30-00

CURRY DISHES

All Served with Rice and Vegetables

Guyanese: - Chicken, Lamb, Beef <u>Check what's available</u>	40-00
Jamaican Curry GOAT cooked in Spices & Coconut Milk	40-00

FISH DISHES

Seafood Salad - Prawns	40-00
Seafood Salad - Mixed seafood	40-00

All Fish Dishes Below Served with :-
Vegetables of the Day & Choice of French Fries,
Creamed Potatoes, or Rice,

Prawns in Bread Crumbs (Scampi)	40-00
Prawns in Bread Crumbs served with Pepper Jelly	40-00
Prawns in Garlic Butter	40-00
Fresh Salmon poached in Butter or Garlic Butter	45-00

All Steak Fish Seasoned & Fried in flour & seasoned bread crumbs
When available choice of:-

Basa	35-00
Marlin	40-00
Dolphin - Mahi - Mahi not flipper	45-00
Red Snapper	45-00

Desert

Ice Cream ask what flavours are available	8-00
All Below per portion	15-00

Meringue Nest with Fruit & Cream

Apple Pie with Ice Cream

Carrot Cake with Ice cream